

Upcoming Events

Complete details for all the below listed events can be found on page 6. Please call for reservations (unless otherwise noted) 978-894-2780



News for the 50+

March & April 2017



See what's happening in and around the
Templeton Council on Aging, Senior Community Center & Food Pantry
16 Senior Drive (off Bridge Street), Baldwinville, MA 01436 978-894-2780

Blood Drive

Please join us in donating blood on Fri. March 31st from 1-6. We are partnering with the American Red Cross and our Templeton Fire and Police Departments in a Battle of the Badges to give as much as we can. Please donate!

St. Patrick's Day

Come celebrate the luck O' the Irish with us on Wed. March 15th at noon. We'll have a wee little party with food and fun.

Jewelry Making

With the exception of one Tues. each month when the craft room is closed for reflexology. All are welcome Tuesdays from 2-4pm for anyone interested in creating some jewelry.

Autism Awareness

Autism Awareness Day is Sun. April 2nd. Join us on Thur. March 30th at 2pm as we create a puzzle piece craft to wear and show support.

Twilight Lounge

Hear singer Dan Kirouac on Fri. April 7th from 6-7 pm. Thank you to the Templeton Cultural Council for granting this event to us.

Artist Exhibition

Featuring local artist Kevin Bird from April to June. Join us for an artist open house on Sun. April 2nd from 10-12 where you can meet the artist and enjoy some light refreshments.

World Health Day

Join us on Fri. April 7th from 10-noon for a wealth of elder health information. This event is OPEN and no sign-up is required.

CARD BINGO

We're playing again! On Fri. March 3rd from 6-8.

Butterfly Place

We're heading to Westford on Thurs. April 27th at 10am. Reservation and ticket money is due to Alisha by April 14th at 4pm.

New Activities

We will now be offering Wii Bowling and Pinochle

Message from our Director.....

My Dear Friends,

Well here we are thinking of spring again already. Just doesn't seem possible that time flies by so quickly. Unfortunately, I have something I need to speak with you about. I love that everyone feels comfortable making reservations to ride the van, but when you cancel at the last minute almost every time you reserve, you have now become a hindrance. By doing this you are affecting not only us but your fellow passengers in a negative way. Restrictions may have to be imposed on those of you that take advantage of the system. Please be thoughtful of others.

A great big THANK YOU goes out to Bob Glover of BG Flooring, Inc. for donating the material and labor for the kitchen and the bathroom floor in the food pantry. THANK YOU again Bob you are the BOMB!!

Dianna

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AmazonSmile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to **The Friends of Templeton Elders**. The best part is you use the same account on Amazon.com and AmazonSmile! Simply visit www.smile.amazon.com and log in as you would for your existing amazon account. Then in the search box at the bottom of the page type The Templeton Elders and click their name when the results show. Now you can shop as you normally would and at check out 0.5% of eligible orders will be donated.



Templeton / Phillipston Food Pantry

Hours: Tuesdays & Thursdays from 9 am to 1 pm
16 Senior Dr Rear
Baldwinville Ma 01436

Food Pantry 978-894-2782 & Sue Lajoie 978-894-2781
elderly-familyservices@templeton1.org

Available to those in need in Templeton and Phillipston.
Located in the Rear of the TSCC.

Thank you to all that made donations. All our food comes from our community donations and is appreciated very much.

This year we will be giving Easter Baskets to children that receive help from our food pantry. Those children that are 12 or under are eligible to receive a basket.

Please sign up at the food pantry. **We will also be accepting donations of small Easter toys and candy.**

We appreciate your donations.

All those who give anonymously

Shaq	Pat Gale
Gardner CAC	Jeff Bennett
Price Chopper	Dee Dee Hayes
Kitchen Garden	Ed & Kathy King
Richard Chartier	Specialized Paper
Serendipity Salon	
The Lords Church	
St. Martins Church	
Holy Cross Church	
TOPS Supermarket	
Bissonnette Family	
Minuteman Armory	
Russ & Carol Stanley	
Phillip & Lucille Harris	
Ahimsa Animal Rescue	
Eugene & Linda Wilbur	
Brad & Glenna Lehtonen	
Baldwinville Elementary	
First Church of Templeton	
St. Vincent de Paul Church	
Postmaster Christine Aufero	
Thomas & Carol Jeleniewski	
Baldwinville American Legion	
Memorial Congregational Church	
Templeton Municipal Light Company	
Narragansett Regional School District	
Ladies First Church Benevolent Society	
Templeton, E. Templeton & Baldwinville Post Offices	

Thank You!

Elderly & Family Services

Sue Lajoie, Elderly & Family Services 978.894.2781
elderly-familyservices@templeton1.org

The Massachusetts Circuit Breaker tax credit is for anyone 65 or over that meet the criteria and whose property taxes and half of their water and sewer bills are more than 10% for owners or 25% for renters over their annual gross income. The income criteria for tax year 2016 are below \$55,000 for singles, \$71,000 for heads of household and \$86,000 for married filing jointly. Your primary residence that you own or rent must be a residential property in Massachusetts. This means that renters of public housing or subsidized housing are not eligible. The only asset limit is on your home which cannot have an assessed valuation over \$720,000.

Even if you do not normally file with the state you may still be eligible to receive this tax credit. This could mean that you will receive a check from the Department of Revenue. To download the tax forms you can go to <http://www.mass.gov/dor/individuals/seniors-students-and-military-personnel/seniors-and-retirees/>.

If you have any questions please call the COA.

Sue

Wish Lists

Food Bank: Easter Candy, Easter Novelties, Small Easter Toys

Senior Center: toilet paper, paper towels, Coffee Mate Single Serve Creamer, Stevia

COMING EVENTS

- Twilight Lunch
- Monthly Luncheons
- TCM Movies
- Bridge of Flowers
- More Activities
- Baseball Game
- Getting Outside
- Golden Corral

Computer corner –

Contact Larry Gagne at mt621myfmly@yahoo.com for any questions regarding your computer.



We have cable on the television in the dining hall. Feel free to grab a cup of coffee and watch your favorite morning program!

News from SHINE

Serving the Health Insurance Needs of Everyone

For assistance regarding health insurance questions & information, contact our Templeton COA SHINE Counselor or call SHINE directly at 1.800.243.4636, press option 3. www.shinema.org.

TSCC has monthly informational pamphlets available by the coffee bar

The Central Mass Region has recently launched a website. You can visit us on the web at www.shinema.org. Our site has valuable general information and links to other agencies that can assist you with your insurance needs.

NOTE: SHINE appointments will be scheduled at the TSCC on the 3rd Thursdays of each month by appointment only. **Please call 978-894-2780 to schedule an appointment**

Alisha's Corner

Our little center has had a few big changes over the past year, all for the better and in the best interest of our services to our friends and community.

As the weather gets nicer we hope you will come say hi and enjoy all we have to offer. We are looking forward to getting a few outdoor activities going this summer.

You will notice two new activities on the calendar, if there is anything you are interested in playing please let me know and I will try to incorporate it.



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We would like to thank the Templeton Cultural Council for their generous grant allowing singer Tommy Rull to perform for us on February 17th.

The Templeton Cultural Council is a local agency that is supported by the Massachusetts Cultural Council, a state agency.



Massachusetts Cultural Council

Friends of the Templeton Elders

Gail Noel, President

Hello Friends,

As we wait around the bend for spring, Friends have been working hard since January. There will be a Murder Mystery coming up very soon. The details are not finalized at the time of printing, but you will enjoy it.

We are also working very hard on the Mac N Cheese Festival. We've run out of MNC the last two years and we cannot run out again. Our goal is to have 50 roasting pans of MNC. It can only be made in a commercial kitchen under Serv-Safe conditions. We're asking our local churches and clubs to help us reach this goal in addition to local restaurants. This way, it will truly be a community event that will help support our Senior Community Center. If you have connections to any of these or to restaurants, let me know - Fifty is a big number, and if we can't make it, we may not be able to have the festival- people won't come back if we run out again. Thank you for your help on this.

We will need lots of help the day of the event - so if you can help run a raffle booth, or serve food, or play an instrument in the parade, please get in touch with me or stop by when we have a "Friends Social Hour" (see below).

Also, if you know of a plumber willing to donate their services for our kitchen, have them call the senior center.

FBOD Meeting - 3/15 & 4/19 @ 6:30PM

Friends Social Hour - 3/3, 3/17, 3/31, 4/14, 4/28 @ 10:00AM

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Phillipston, Mass.



March 2017

Please call 978-894-2780 to
reserve a spot for ALL
activities / events



Monday	Tuesday	Wednesday	Thursday	Friday
		1 10-12 Pinochle 12:30 BINGO 1-3 Stained Glass 6-8 Stained Glass **** No Pool Table 1-3	2 9-1 Food Pantry 10:00 Creative Stitchers 10:30 Winchendon Lunch 1:00 Cribbage 5:30 Diners Club **** No Pool Table 10-12	3 1:00 Line Dancing 6-8 Card Bingo
6 10-12 Wii Bowling 1:00 Pitch 1:00 Golden Agers 4:00 Community Supper **** No Pool Table 1-3	7 9-1 Food Pantry 10:00 Crafter's Corner 10:30 Winchendon Lunch 10:30 Kringle Candle 1:30 COA Board Meet. 2-4 Jewelry Making **** No Pool Table 2-4	8 11:30 SWH 12:30 BINGO 1-3 Stained Glass 6-8 Stained Glass **** No Pool Table 1-3	9 9-1 Food Pantry 10:00 Creative Stitchers 10:30 Winchendon Lunch 1:00 Cribbage **** No Pool Table 10-12	10 10:00 Friends Social 12:00 Mar. birthdays
13 1:00 Pitch	14 9-1 Food Pantry 10:30 Winchendon Lunch 12-2 Jewelry Class 1:00 Crafter's Corner **** No Pool Table 12-2	15 10:00 Market Basket 12:00 St. Pat's Day Lunch 1-3 Stained Glass 6:30 Friends BOD Meet. 6-8 Stained Glass **** No Pool Table 1-3	16 9-1 Food Pantry 10:00 Creative Stitchers 10:30 Winchendon Lunch 1:00 Cribbage **** No Pool Table 10-12	17 1:00 Line Dancing  St. Patrick's Day
20 10-12 Wii Bowling 1:00 Pitch 1:00 Golden Agers 6:00 Book Club **** No Pool Table 1-3	21 9-1 Food Pantry 10:30 Winchendon Lunch 1:00 Crafter's Corner 2-4 Jewelry Making **** No Pool Table 2-4	22 11:00 Fall Prevention 12:30 BINGO 1-3 Stained Glass 6-8 Stained Glass **** No Pool Table 1-3	23 9-1 Food Pantry 10:00 Creative Stitchers 10:30 Winchendon Lunch 11:30 Veterans Lunch 1:00 Cribbage **** No Pool Table 10-12	24
27 1:00 Pitch	28 9-1 Food Pantry 9-4 Nails / Reflexology 10:30 Winchendon Lunch 1:00 Crafter's Corner **** NO POOL TABLE	29 10:00 Pinochle 12:30 BINGO 1-3 Stained Glass 6-8 Stained Glass **** No Pool Table 1-3	30 9-1 Food Pantry 10:00 Creative Stitchers 10:30 Winchendon Lunch 1:00 Cribbage 2:00 Autism Craft No Pool Table 10-12 / 2-3	31 1-6 Blood Drive **** NO POOL TABLE



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REMI

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Narragansett Region
center activities and
The Food Pantry will
up or down

Let our Newsletter do the advertising
for you. Call Alisha at 978-894-2783
for advertising information

April 2017

Monday	Tuesday	Wednesday	Thursday	Friday
3 10-11 Autism Speaker 11-12 Wii Bowling 1:00 Pitch 1:00 Golden Agers 4:00 Community Supper ***** No Pool Table 1-3	4 9-1 Food Pantry 10:00 Crafter's Corner 10:30 Winchendon Lunch 1:30 COA Board Meet. 2-4 Jewelry Making ***** No Pool Table 2-4	5 12:30 BINGO 1-3 Stained Glass 6-8 Stained Glass ***** No Pool Table 1-3	6 9-1 Food Pantry 10:00 Creative Stitchers 10:30 Winchendon Lunch 1:00 Cribbage 5:30 Diners Club ***** No Pool Table 10-12	7 10:00 Health Fair 1:00 Line Dancing 6-7 Twilight Lounge  ***** No Pool 9-1
10 1:00 Pitch 6:00 Book Club  <i>National Siblings Day</i>	11 9-1 Food Pantry 10:30 Winchendon Lunch 11:00 Monty Tech 1:00 Crafter's Corner 2-4 Jewelry Making ***** No Pool Table 2-4	12 10-12 Pinochle 12:30 BINGO 1-3 Stained Glass 6-8 Stained Glass ***** No Pool Table 1-3	13 9-1 Food Pantry 10:00 Creative Stitchers 10:30 Winchendon Lunch 1:00 Cribbage ***** No Pool Table 10-12	14 10:00 Friends Social 12:00 Apr. Birthdays 
17 CLOSING  PATRIOTS DAY	18 9-1 Food Pantry 10:30 Winchendon Lunch 12-2 Jewelry Class 1:00 Crafter's Corner ***** No Pool 12-2	19 10:00 Market Basket 11:00 Stove Safety Class 12:30 BINGO 1-3 Stained Glass 6:30 Friends BOD Meet. 6-8 Stained Glass ***** No Pool Table 1-3	20 9-1 Food Pantry 10:00 Creative Stitchers 10:30 Winchendon Lunch 1:00 Cribbage ***** No Pool Table 10-12	21 1:00 Line Dancing
24 1:00 Pitch	25 9-1 Food Pantry 9-4 Nails / Reflexology 10:30 Winchendon Lunch 1:00 Crafter's Corner ***** No Pool Table	26 10-12 Pinochle 12:30 BINGO 1-3 Stained Glass 6-8 Stained Glass ***** No Pool Table 1-3	27 9-1 Food Pantry 10:00 Butterfly Place 10:00 Creative Stitchers 10:30 Winchendon Lunch 11:30 Veterans Lunch 1:00 Cribbage ***** No Pool Table 10-12	28  <i>Arbor Day</i>

UNDER

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van rides are canceled.
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Templeton COA Transportation

Schedule a ride with the COA Transportation Team by emailing coadispatch@templeton1.org or

Call 978-894-2787



Local Shopping Trips

Call by 12:30 p.m. at least a day prior to your trip to make your reservation. Shared rides.

Monday-Friday: 8:30 a.m. to 2:30 p.m.

Medical Trips

Local : Monday-Friday: 8:30 a.m. to 2:30 p.m.
Out of Town - Monday-Friday: by Appointment

Out of town medical appointments are taken on a first come, first serve basis. Please book as early as possible.

Regularly Scheduled Trips

Community Supper at the Memorial Congregational Church, Baldwinville

A free dinner and a fun evening out with friends, will be held the 1st Mon of each month. Pick-up begins at 4 p.m., serving continuously from 5-6 p.m. Call to reserve your seat on the COA van by 12:30 p.m. at least a day in advance. Donations welcome.

Winchendon Lunch — \$3 a person. Pick up begins at 10:30 a.m. to travel to the Winchendon Senior Center for lunch on Tuesdays and Thursdays. Call by 12:30 p.m. at least 1 day in advance.

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Featured Events in Mar. and Apr.

Reservations required for ALL activities and trips
Please call 978-894-2780

Luncheons: We will be traveling to Kringle Candles on Tues. Mar. 7th with a 9:30am pick up. On Tues. Apr. 4th we will be dining at Monty Tech with an 11am pick up.

Autism Craft: Sun. Apr. 2nd is Autism Awareness Day, in honor of this celebration we are creating puzzle piece pins to wear for the weekend and at our presentation with a guest speaker from The Arc of Opportunity in North Central Massachusetts on **Mon. Apr. 3rd at 10am.** They will focus on the services available for grandparents. This event will be open to the public, but we would appreciate you signing up so we can give a better head count to our speaker.

Blood Drive: When you check in to the Blood Drive on Fri. Mar. 31st between the hours of 1-6pm, be sure to tell us if you're here supporting the Fire or Police Department? Anyone 17 years of age or older, in good health, who meets all the requirements may donate. Anyone 16 years of age may donate with parental consent. For more information on donating please visit www.redcrossblood.org

Shopping: Tues. Mar. 7th at Kringle Candles in Bernardston, MA. Among the amazing candles they offer you will find gifts, gourmet food, sweets, country home décor, jewelry and more.

Twilight Lounge: With a generous grant from the Templeton Cultural Council we are proud to present music and memories of the 50s, 60s, and 70s with Dan Kirouac on Fri. Apr. 7th from 6-7pm. Doors will open at 5:45 with light refreshments.

St. Patrick's Day Lunch: Good ole Irish grub! Join us for a corn beef and cabbage lunch courtesy of Heywood Wakefield Commons on Wed. Mar. 15th at noon. Space is limited!

Stained Glass: We are now offering both a beginner and an intermediate class with a 6 person limit. You must be committed to attending each class in order to complete the pieces. Each class will be 5 weeks long and meet every Wednesday. The beginner class will be held from 1-3pm and the intermediate will be from 6-8pm. All materials and equipment are provided free of charge. The new 5 week classes will begin on March 8th. Please specify which class you would like to attend when you sign up. *Spots will be reserved on a first come first serve basis for each 5 week class*

Card Bingo: Doors will open at 5:45 on Fri. March 3rd. Bring your quarters and a treat to share.

Artist Exhibition: We will be featuring local Artist Kevin Bird from April to June. Please join us for an Artist Open House on Sun. Apr. 2nd from 10:00-12:00 pm to meet the artist and enjoy light refreshments.

Call Alisha if you are interested in being featured.



Arts & Crafts at the Senior Center

Crafter's Corner – Tuesday, March 7th, April 4th at 10am and March 14th, 21st, 28th, and April 11th, 18th, 25th at 1pm. Come color, knit, paint, sketch, or just enjoy some good company! All are welcome!

Creative Stitchers – Thursdays, 10am. Join us for some counted cross-stitch, crocheting, knitting, needlepoint, sewing, etc. All levels welcome. Come with your questions for our veteran stitchers, and they'll try to help. Lots of fun; good fellowship.

Jewelry Making - Come by the craft room Tues. March 7th, 21st, April 4th, 11th, from 2-4pm and create any piece of jewelry you'd like. Feel free to bring any tools or materials you would like. We have many beads and materials, but a limited number of tools available. Any donations can be left with Alisha. Join us for a class with instructor Leslie Davis on March 14th and April 18th from 12-2pm.

Stained Glass: Join us every Wed. from 1-3pm and 6-8pm with instructor Rick Trifilo. Each class will last 5 weeks and you will need to be committed to attending each class to be able to complete your piece. All materials and tools are provided free of charge. Each class will be limited to 6 people. Inquiries can be made to Alisha.

Cards & Games at the Senior Center

Pitch - Mondays at 1 p.m. Beginners welcome.

Wii Bowling - Every other Monday from 10:00-12:00

Golden Agers Bingo - Wednesdays from 12:30-3:30 p.m.

\$5/yr to join the Golden Agers. Cards start at 50 cents

Pinochle - Every other Wednesday from 10:00-12:00

Cribbage - Thursdays at 1 p.m. All are welcome.

BILLIARDS - Times now posted on the Game Room Door and the calendars. *subject to change at any time*

Monthly Luncheons

March 7th: Heading to Kringle Candle Store in Bernadston, MA for lunch and shopping. Pick ups will start at 10:30am

April 11th: We will be dining at Monty Tech. Pick ups will start at 11am.

Pitch Winners

12/12/16 1st - Thelma D'Alessio, 2nd - Louis Laliberte 3rd - Pat Arsenault

12/19/16: 1st - Ray Voutila, 2nd - Claudette Johnson, 3rd tie - Clyde Bennett & Ada LePage

12/27/16: 1st - Skip Brown, 2nd - Clyde Bennett, 3rd - Joe Arsenault

1/3/17: 1st - Shirley Larouque, 2nd - Claudette Johnson, 3rd - Betty Dame

1/9/17: 1st - Don Dame, 2nd - Shirley Levigne, 3rd - Rachel Losh



On Going Activities

MUST call 978-894-2780 to inquire or attend any Activities or Trips

Social & Support

Diners Club – The 1st Thursday of every month at 5:30 p.m. Please call the TSCC for locations in March and April or see the Activities Board in the TSCC dining hall.

Line Dancing Class – Every 1st and 3rd Fri. of the month from 1-3

Birthdays – March 10th & April 14th at noon we'll celebrate our friend's birthdays. Thank you to Baldwinville Skilled Nursing and Rehab for donating the cake!

Book Club – Monday, Mar. 20th & Apr. 10th at 6 p.m. Newcomers welcome. Coffee and munchies. Casual, fun, no pressure! The Mar. book is “**Big Little Lies**” by: **Lianne Moriarty**. The Feb. book is “**The Good House**” by: **Ann Leary**

Computer Skills – Please contact Larry by email at: mt621myfmly@yahoo.com to answer any questions you may have regarding your computer system.

RODEO Club - Join us the last Fri. of the month at noon for lunch. We're going to Baldwinville Pizza Barn on Mar. 31st and to Barbers Crossing in Leicester on Apr. 28th.

Templeton Golden Agers – Usually the 1st & 3rd Mondays of the month, at 1 p.m. New members welcomed; \$5 annual dues.

Nails/Reflexology - Come see Veronica to get your nails springtime fresh. All Reflexology Services include Aromatherapy and Music Therapy in a zero gravity chair. For more info please see the pamphlet on the TSCC activities wall and call Alisha at 978-894-2783 to book an appointment.

Walking Group - We will be starting a walking group this spring and entering the annual LeClerc Wind Turbine 5k. 2017.

Veterans Lunch / Evening Group – All veterans are encouraged to attend the Veterans Lunch the last Thursday of each month – at the Senior Community Center, hosted by the Friends of the Templeton Veterans. They are also invited to the Veterans Oversight Committee meeting the third Tuesday of each month, at 6:30 p.m. at the American Legion, in Baldwinville. Please call John Caplis to attend at 978-894-6971. For transportation to the Veterans Lunch please call the COA Van at 978-894-2780.



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Templeton Council on Aging Staff

Director

Dianna Morrison
coadirector@templeton1.org
978.894.2784

Elderly & Family Services

Sue Lajoie
elderly-familyservices@templeton1.org
978.894.2781

Transportation Team

978.894.2780
coadispatch@templeton1.org

Activities Coordinator

Alisha O'Malley 978.894.2783
coaactivities@templeton1.org

Transportation Coordinator

Pamela Landry
coabookkeeper@templeton1.org

Food Pantry

978.894.2782
elderly-family services
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